



### **READING TO SONNING ON THAMES** (see map below)

**Water walk:** From Reading train station you can join the Thames Path at Caversham Lock. As you ramble downstream you reach Horseshoe Bridge which crosses the mouth of the Kennet and Avon Canal as it joins the Thames. From Reading to Sonning cyclists can share the Thames Path, but once you reach Sonning the path narrows, so is only suitable for walkers again.

Heading east along the riverside path to Sonning, the route passes Caversham Lakes where the GB rowing squad and the Oxford University boat race team train. One of the lakes is named after the Olympic rowers Sir Steve Redgrave and Sir Matthew Pinsent, the Redgrave-Pinsent Rowing Lake.

Take a look at the video [Gaurab – A Traveller’s Memories](#) of his walk along this part of the Thames.

**Refreshments:** In Sonning you will find the picturesque Bull Inn, visited by Jerome K Jerome in ‘Three Men in a Boat’. The Bull Inn is just off the Thames Path and can be accessed by walking through a small church graveyard.

**Distance:** 3,7 miles each way

**Duration:** 1½ hours each way

**Train station:** Reading

